Monday 24 June Term 2 Week 9

CABBAGE TREE ISLAND

PUBLIC SCHOOL

DATE

Wed

26

June

Newsletter Cabbage Tree Island PS

Principal's Message

Jingee Wala

we acknowledge the traditional custodians of the land on which we live, work and our school stands. We pay our respect to elders past and present and strive to inspire our future leaders.



Lismore Lantern Parade

Thank you to all the people involved in the success of the Lismore Lantern Parade on Saturday night. It was the first Lantern Parade for our School and we were very well represented by students, parents/carers & community members &

staff. Thank you to Rob Roberts for driving the

bus and thanks to Jali Land Council for providing the bus to transport students & families. I was so proud of our students and the community for having such a strong representation. A big thanks to the family members who helped out with the goanna. I am looking forward to our community designing our own lanterns, Thank you staff for attending. It is a night I will remember fondly.

Science & Engineering Day

On Wednesday Merrick, Markus, Mahalia & Kordaie will attend the SCU Engineering & Science Day. It will be a day for our students to use all of their problem solving skills & creativity to see if we can retain the championship title. We wish our team all the best. School uniform must be warn on the day.



cabbagetre-p.school@det.nsw.edu.au Phone: 6683 4251 Fax: 6683 4369

NAIDOC Week - Week 10



Monday - Any family members welcome to help make dampers for our Tuesday event. All ingredients will be provided by the School. Damper making from 12-1pm for K-2 & 1-2pm for 3-6 class. We are looking for deadly damper cooks.

Tuesday - Community NAIDOC Event & Traditional Games with Empire Vale Public School 12-2.30pm.

Wednesday - Distance Ed Transport to Distance Education for an all day event. Students will perform 3 songs.

Thursday - Lismore Showground NAIDOC event (all day event).

Friday - Casual Dress red, black & yellow.

Small Schools Athletic Carnival

All students are currently trying out for events to compete at the Small School Athletics

Carnival next term on Wednesday 24 July at Geoff Watt Oval Alstonville. Permission notes will go home today. Thank you to



Des Anderson for helping set up running tracks & events on Friday. I am grateful to our supportive families.

Have a great week.

Dyonne Anderson Principal

CELEBRATING 125 YEARS Calendar **EVENT** Engineering Day SCU

	(selected students)
Mon	NAIDOC
1	WEEK
July	Celebrations
Fri	Last
5	Day of
July	Term 2
Wed	Small Schools
24	Athletic
July	Carnival

Don't forget to bring in your piece of fruit for fruit



A proud member of "The Southern Cross Community of Small Schools."

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School Nutrition Policies & Progams Work!



For more information on this study, visit https://www.nih.gov/newsevents/nih-researchmatters/school-nutritionpolicies-reduce-weight-gain A <u>recent study</u> by the <u>Yale School of Public Health</u> has found the positive effects of implementing & maintaining school nutrition policies & programs like Live Life Well @ School

It has found that implementing nutrition policies at primary schools limited unhealthy weight gains in students & that the effect was strongest in children who started at a healthy weight, highlighting that nutrition policies can be an effective obesity prevention strategy in schools. The report writers state that this is some of the strongest evidence to-date that nutrition education & promoting healthy eating behaviors in the classroom & canteen can have a meaningful impact on children's health.





A FREE healthy lifestyle program for kids and families delivered by Bullinah AHS.

It runs straight after school and kids get to play heaps of fun games and learn about healthy living.

Kids also get a free deadly shirt, plus loads more!

If you're interested in joining up please give Bullinah AHS a call on (02) 6681 5644

www.go4fun.com.au Next program starts: Term 4



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Lismore Lantern Parade







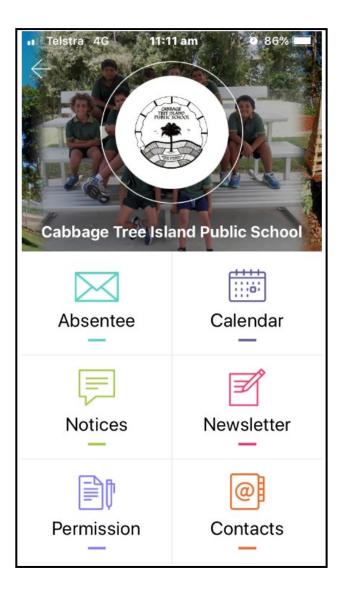




Newsletter Cabbage Tree Island PS



The Skool Loop App is a smartphone app that streamlines all Cabbage Tree Island Public School communications. Within this app you can view our school newsletter, notices, permission notes and use the absentee function for a more effective way to communicate. It's free and easy to use. Just download the App from the App Store on your smartphone and select the school....it's that easy!





School Nutrition Policies & Programs Work!

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SCHOOL BUS

- Please ensure your child is ready & waiting for the bus.
- If they are not going to school, call the bus phone and let them know on

0417 465 090

Thank you, Amanda, Bus Administrator.