



NEWSLETTER

CABBAGE TREE ISLAND PS

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Newsletter

Term 1 Week 2

Friday 9th of February 2024

Jingella,

Welcome back to Cabbage Tree Island Public School to all our students and families. The start of 2024 has been fantastic. Listening to the jarjums yarns from the holidays has been excellent.

Boogelbeh

Rachael McClymont
Principal

Classes for 2024

There has been a change to the structure of the K-2 classes for this year. Mrs Cooper will be the classroom teacher for K-2 after 1pm on Monday to Wednesday and all day Thursday and Friday. Mrs McClymont will teach K/1 Literacy and Numeracy until 1pm on Monday to Wednesday.

Naming of Buildings

Each building at Cabbage Tree Island Public School has been given a Bundjulong name according to its role within the school. The buildings have been named as follows:

- Transition class is Burrabi (Koala) as they are cute
- K-2 class is Julums (Fish) as they all need to group together and work together
- 3-6 class is the Warjum (Shark) as they are bigger
- The office is the Minbanji (Eagle) as it keeps an eye on everything going on in the school
- The Community Room is the Gwardi (Dolphin) as they bring everyone together to share and show the knowledge
- The Library is the Bun-bun (Owl) as they are wise and have lots of information

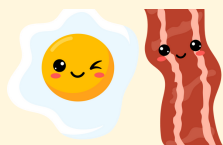


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Community Breakfast

On Friday 16th February, we will be having a welcome back to school bbq breakfast. The breakfast will start at 8:30. All families and members of the community are welcome to come along for a feed. More information will go out closer to the day.



Phone Numbers

There are times when the school may need to get into contact with you. If you do not like to take calls from unknown numbers, please save the school phone number of (02) 66834251 into your phone so you know it is the school calling. If your child is absent from school, you will also receive a text message from 0417 4272 95 asking you to explain the absence. You can directly text back to this number. Please also save this number in your phone.



Sorry Day

Next week all classes will be acknowledging the importance of Sorry Day

We need your help.

Could students please bring in plastic bottles and plastic bottle caps/lids e.g. Gatorade, milk and juice lids for the Stem activity next week.



Whats been happening





Dietitian Tips



Written by Kate Richards (Bullinah AHS Dietitian)

Tip 1: Storing Food and Drinks

Lunchbox Ideas



Cooler bag

Benefits: Keeps food extra cool, normally fits larger quantities



Bento Box

Benefits: Great for snack foods or separating colours/textures

Tip: Don't forget the ice pack!

Salads, sandwiches, wraps, yoghurt, milk, cheese and dinner leftovers should always be kept cold in lunchboxes. This stops kids from getting an upset tummy



Water Bottle Ideas



Plastic

Benefits: Grab on the go



Glass

Benefits: Re-useable



Insulated

Benefits: Re-useable and keeps cold

Tip: Water at school

Always pack water for school instead of juice or cordial as these are high in sugar and can lead to diabetes.

For more information or to have a yarn with the dietitian/nutritionist at Bullinah AHS, make an appointment with your doctor and ask for a referral.